

# St John's Senior School



**Subject: Boys P.E. (Athletics)**

**Form: 2<sup>nd</sup> form**

**Term: Summer**

| WEEK | TOPIC                |
|------|----------------------|
| 1    | Javelin.             |
| 2    | Discus               |
| 3    | Shot putt            |
| 4    | Trips abroad week    |
| 5    | Sprints              |
| 6    | Long jump            |
| 7    | Relay.               |
| 8    | Field events         |
| 9-11 | Sports day practice. |